Our Seven UU Principles:

1st Principle: The inherent worth and dignity of every person.
2nd Principle: Justice, equity and compassion in human relations.
3rd Principle: Acceptance of one another and encouragement of spiritual growth in our congregations.
4th Principle: A free and responsible search for truth and meaning.
5th Principle: The right of conscience and the use of the democratic process within our congregations and in society at-large.
6th Principle: The goal of world community with peace, liberty, and justice for all.
7th Principle: Respect for the interdependent web of all existence of which we are a part.

Unitarian Universalist Church of Tampa Covenant:

We, the members of the Unitarian Universalist Church of Tampa, Covenant with one another:
To strengthen our church community while following our own spiritual paths,
To honor diversity as a source of communal strength and to be a welcoming community;
Because our acts and words weave the web that connects us to one another:
We accept responsibility for what we do and say,
We communicate with one another in kindness and support,
We promote the safety and well being of the congregation,
We practice the democratic process,
We support this church with our money and time.
We make our contributions with compassion and commitment,
We work together to build a joyful community that affirms peace justice and spiritual fulfillment.
We hold ourselves and each other responsible for adhering to this covenant.

MISSION STATEMENT
We are a faith community that values caring, learning, and acting on our Unitarian Universalist principles

The vision of the Unitarian Universalist Church of Tampa is:
We will become: A generous community where all members contribute time, talent, and treasure to our shared goals;
A responsive community dedicated to religious exploration for all ages, caring for one another and welcoming all people of good will;
A visible community with a heart for justice, actively seeking ways to be involved with our larger community;
A growing community that stewards an expanded and updated campus with accessible facilities that will support our mission
Unitarian Universalist Church of Tampa
July 29, 2018
Eleven O’clock - Sunday Celebration

We recognize our ‘Joys and Sorrows’ during our celebration by bringing the book on the table
front left of the room to our pulpit and reading the citations. Before the beginning of our
Sunday Service or during the prelude and welcoming words please write a short notation
(with or without name) recording the significant experience or event you wish shared.

*Please stand in body or spirit.

Prelude

Welcome

Announcements

Lighting of the Chalice

* Opening Hymn No. 349 ‘We Gather Together’

Story for All Ages

Celebration of Children No. 1057 ‘Go Lifted Up’
Teal Hymnal ‘Singing the Journey’

Sharing of Joys and Sorrows

Reading for Meditation

Silent Reflection

Stone Ritual

Hymn for Meditation No. 1053 ‘How Could Anyone’
Teal Hymnal ‘Singing the Journey’

Reading

Sermon ‘Out Here on My Own’
Guest Speaker Rev. Deborah D. Lynch

Offering

Offertory ‘River Flows in You’ (Yiruma)
~ Kevin Wu

Offertory Response: By the work of our hands, and the work of
our hearts, our love is made real. May we be grateful for all that is given,
and grateful for all that is shared.

Extinguishing our Chalice

* Closing Hymn No. 354 ‘We Laugh, We Cry’

Guest Speaker- Rev. Deborah D. Lynch, UUCT Music Director
Worship Associate- Pamela Jo Hatley
Accompanist and Musical Guest- Kevin Wu
Sound- Jay Kirchheimer
Audio Visual- Tiffany Hines
Slideshow Content Provider –Diane Gainforth

A warm welcome is extended to our visitors today.
Please join us in the multipurpose building for conversation and
brighten your day and ours by using a yellow mug for your refreshment.
TODAY / THIS WEEK AT CHURCH

Sunday, July 29
- Service
- Conversation with the Board (large Dome)
- Youth Game Day (small dome)
  11:00am
  12:15-12:45pm
  1-5pm

Monday, July 30
- Tibetan Buddhist Practice (large dome)
- Farewell Potluck Dinner then UUCT mUUsic- Acoustic Jam (small dome)
  7-8:30pm
  6:30-9:30pm

Tuesday, July 31
- Mindfulness Meditation (large dome)
  6-7pm

Wednesday, August 1
- Circle of Security: Parenting Class (MPB room 3)
  6-7:30pm

Thursday, August 2
- N.O.W. Meeting (MPB room 3)
  7-8:30pm

Friday, August 3
- Yoga Class (MPB)
- Youth Advisor Training (MPB)
  11am-noon
  6-7pm

Saturday, August 4
- Al-Anon (small dome)
- Youth Advisor Training (MPB)
  10:15-11:45am
  4-5pm

Sunday, August 5
- Service
- First on 1st (large dome)
- Youth Meeting (MPB room 5)
- Concert: Brendan Nolan (large dome)
  11:00am
  12:30-1pm
  12:30-2pm
  3pm-5:30pm

Monday, August 6
- Tibetan Buddhist Practice (large dome)
- UUCT mUUsic- Acoustic Jam (small dome)
  7-8:30pm
  7:30-9:30pm

Tuesday, August 7
- Long Range Planning Committee (MPB room 3)
- Lay Pastoral Care Meeting (MPB room 4)
- Mindfulness Meditation (large dome)
  1:30-3:30pm
  6-9pm
  6-7pm

Wednesday, August 8
- Circle of Security: Parenting Class (MPB room 5)
- Finance Committee Meeting (MPB room 4)
- SGM Pines (MPB room 3)
  6-7:30pm
  7-9pm
  7-9pm

Thursday, August 9

Friday, August 10
- Yoga Class (MPB)
- Adult and Teen Game Night (MPB)
  11am-noon
  7-9:30pm

Saturday, August 11
- Buildings and Grounds Clean-Up
- Pledge to End Racism (MPB room 3)
- Al-Anon (MPB room 2)
  9am-noon
  9am-1pm
  10:15-11:45am

Rev. Patricia Owen: Summer hours: She will be on study leave from July 2nd - 27th, and vacation July 28th - August 11th. Email at RevP@uutampa.org with questions, ideas, needs and to confirm her availability at church office. Erin Powers, Director of Religious Education for Children & Youth: Regular hours are Wednesday 3-30-8:30pm; Email dre@uutampa.org; Dee Lynch, Music Director, email: choir@uutampa.org; Linda Turnipseed, Office Assistant: Tuesday & Thursday 9am-3pm; Office Phone: (813)988-8188. info@uutampa.org

Happening Today

Our Guest Speaker today will be UUCT Music Director Rev. Deborah D. Lynch.

Having earned a Bachelor of Arts in Dance, Theatre and Vocal Performance, Dee later attended The New Seminary in Manhattan and received her ordination in interfaith ministry. She earned her Master of Arts in Transpersonal Studies with a focus on World Religions from Atlantic University, affiliated with the Edgar Cayce Foundation and the Association for Research and Enlightenment. Dee will speak on breaking open, then breaking through, loneliness.

Following service you are invited to: Conversations with the Board: Members of the Board of Trustees will be present for conversation after church today from 12:15 to 12:45 p.m. The purpose is to open communication and share ideas. Come with questions and ideas but always with an open mind.

Join us after the conclusion of the service today in the multi-purpose building for coffee. Please remember our coffee and snack fund is self sustaining, so before you partake, please stuff a dollar into the donation can. Thank you and enjoy.

All Teens (13-18) are Welcome to join Game Day this afternoon. The UUCT Youth Group will be sponsoring a Game Day in the Small Dome from 1-5pm. Check with Erin Powers for more information.

Next Sunday, August 5, 2018

“Taking the Cure: Healing our Spiritual Pasts, Part II”

Guest Speaker- Michael Parise

Michael Parise entertains the necessity of healing our spiritual pasts.

Our Guest Speaker is an ordained priest with over 30 years ministry experience, now retired from parish work. He is also a certified spiritual director, a trained life coach, and a certified practitioner of emotional recovery. He lives in the Tampa Bay area.

Worship Associate – Brian Eckelberger
Announcements

The UUCT mUUsic Group meets every Monday evening at 7:30 in the Small Dome. In the spirit of old-time hootenannys and good-time jam sessions, this is an gathering of musicians, vocalists, and just plain music lovers who want to make or listen to mUUsic. Everyone is welcome, regardless of ability. mUUsic@uutampa.org

Padmasambhava Buddhist Center of Tampa Bay holds Buddhist practice in the large dome; Mondays at 7pm: www.padmasambhava.org

The UU Mindfulness Meditation Group: Tuesday at 6:00pm. These are two twenty minute meditations with a five minute walking meditation between them. A short Loving-Kindness recitation is practiced. All are welcome. Contact: Grant Wilson and Diana Stevens; meditation@uutampa.org

Light Yoga Class, Friday at 11 am. Yoga Class meets in the Multi-Purpose Building: Bring a mat or towel and wear loose or stretchy clothing. We do light yogic stretching with no difficult poses. Cost: $7. (a church fund-raiser) Facilitator: Grant Wilson; yoga@uutampa.org. All are welcome.

TEEN & ADULT GAME NIGHT, second Friday of the Month; we meet in the main room in Multi-Purpose Bldg., 7-9:00pm- If you haven't been to Game Night recently, come on out - it's a lot of fun. Make new friends or hang out with old ones.

Al-Anon meets in the multi-purpose building on Saturdays at 10:30 am each week. For additional information about Al-Anon in Hillsborough County, call 813-881-9372 or visit us on the web at www.tampabayalanon.org

Circles in the Woods CUUPS (Covenant of Unitarian Universalist Pagans) holds Full Moon Celebrations on the Saturday closest to the full moon and other activities; All activities are open to the public and held at UUCT. For information email cuups@uutampa.org or check out online calendar http://uutampa.org/cuups-calendar/

HOPE and Social Justice: UUCT, along with 25 other churches and mosques in Hillsborough County, who are members of HOPE – Hillsborough Organization for Progress and Equality, lobby elected county officials and other decision makers to improve life in our county, especially for those on the margins of society. As Unitarian Universalists, we affirm the inherent worth and dignity of every person; strive for justice, equity and compassion in human relations; and work for a community with peace, liberty, and justice for all. HOPE provides UUs an opportunity to act locally in fulfilling our UU principles.

We are asking you to donate to the Individual Investment Drive to help fund HOPE. Make checks out to “HOPE.” Robert Boileau, Jay Cortright, Candy Gale, Russell Patterson, and Jae Polcyn will accept your financial support of HOPE as UUCT works for justice through HOPE. We want to wrap up the investment Drive by July 31, but investments are welcome anytime.

Collection containers in the lobby!

The Cedars (small group ministry) have adopted an international student from Jamaica who needs some basic living supplies. Because of university rules she is only able to work 20 hours per week and she needs to save that money for tuition for her 3rd year at USF. Her wishes and needs lists are affixed to two boxes in the lobby. One box is for fresh food and the other is for canned food and additional basic needs. An envelope is attached for gift cards and cash donations. Our Cedars group will be grateful for any help you can give. Project contact is Merrilyn Crosson.

Social Justice Committee is collecting school supplies and volunteers for Temple Terrace Elementary! Supply list for Grades K-12: #2 pencils, pencil cases, glue sticks, rulers, wide ruled spiral bound notebooks, boxes of tissue, hand sanitizers. Thank you for your help!