

As a member congregation of the Unitarian Universalist Association, we covenant to affirm and promote our UU Principles:

- The inherent worth and dignity of every person;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement of spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at-large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

### Unitarian Universalist Church of Tampa Covenant

We, the members of the Unitarian Universalist Church of Tampa, covenant with one another:

To strengthen our church community while following our own spiritual paths,  
To honor diversity as a source of communal strength and to be a welcoming community

Because our acts and words weave the web that connects us to one another:

We accept responsibility for what we do and say,

We communicate with one another in kindness and support,

We promote the safety and well being of the congregation,

We practice the democratic process,

We support this church with our money and time.

We make our contributions with compassion and commitment,

We work together to build a joyful community that affirms peace justice and spiritual fulfillment.

We hold ourselves and each other responsible for adhering to this covenant.

*The vision of the Unitarian Universalist Church of Tampa is to be:*

- a center for liberal religious education for people of all ages;
- a community of caring and committed individuals diverse in identity and theology;
- a haven for those seeking a positive spiritual experience;
- a positive force in the community for justice and equality.

#### UUCT Board of Trustees:

David Reddy – President

Kim McDonald - Vice President

Pat Benedict- Treasurer

Trude Diamond- Secretary

Erik Gern

Lynn Parrish

Roger Polcyn

James Shaw, Jr

Jeff Stover



## UNITARIAN UNIVERSALIST CHURCH OF TAMPA

One Place, All Faiths: Creating a caring, justice-seeking community

11400 Morris Bridge Road ♦ Tampa, FL 33637 ♦ Phone 813-988-8188

E-mail: [info@uutampa.org](mailto:info@uutampa.org) ♦ Web Site and YouTube Services: <http://www.uutampa.org>

Rev. Patricia A. Owen, Minister



Sunday, October 15, 2017

# Handle with Care

Rev. Patricia A. Owen

Worship Associate- Brian Eckleberger

*\*Please remember to turn your cell phone ringers off during the service*

# Unitarian Universalist Church of Tampa

October 15, 2017

## Eleven O'clock - Sunday Celebration

We recognize our *Joys and Sorrows* during our celebration by bringing the book on the table front left of the room to our pulpit and reading the citations. Before the beginning of our Sunday Celebration or during the opening music and welcoming words please write a short notation (with or without name) recording the significant experience or event you wish shared.

*\*Please stand in body or spirit.*

### Song of Welcome No. 389 *'Gathered Here'*

### Welcome

### Announcements

### Chalice Lighting

### Why Unitarian Universalism? ~Erik Gern

### \* Hymn No. 6 *'Just As Long As I Have Breath'*

### Story for All Ages

### Passing the Flame No. 413 *'Go Now in Peace'*

### Reading *'Shoulders'*

Words by Naomi Shihab Nye

### Stone Ritual

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Worship Leader- Rev. Patricia A. Owen, UUCT Minister  
Worship Associate- Brian Eckleberger  
Participant- Erin Powers, Dir. of Religious Exploration for Children & Youth  
Accompanist - Deborah (Dee) Lynch, UUCT Music Director  
Musical Guest-Glenn Smith; Sound-Jay Kirshheimer  
Audio Visual- Melissa Nicholson; Slideshow Content Provider - Melissa Nicholson

### Joys and Sorrows

### Time of Meditation and Reflection

### Hymn of Meditation No. 123 *'Spirit of Life'*

### *'Handle With Care'*

~Rev. Patricia, Dee Lynch and Glenn Smith

Song by The Traveling Wilburys

### Sermon *'Handle With Care, Part 1'*

Re. Patricia A. Owen

### Offering

### Offertory

**Offertory Response:** *By the work of our hands, and the work of our hearts, our love is made real. May we be grateful for all that is given, and grateful for all that is shared.*

### Extinguishing the Chalice

### Closing Hymn No. 348 *'Guide My Feet'*

### Benediction

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*A warm welcome is extended to our visitors today.  
Please join us in the multipurpose building for conversation and brighten  
your day and ours by using a yellow mug for your refreshment.  
We hope you will come again.*

## TODAY / THIS WEEK AT CHURCH

Sunday, October 15	<ul style="list-style-type: none"> <li>▪ Service</li> <li>▪ Usher and Greeter Training (large dome)</li> <li>▪ Youth Meeting (MPB room 5)</li> </ul>	11:00am 12:30-2:30pm 12:30-2:30pm
Monday, October 16	<ul style="list-style-type: none"> <li>• Tibetan Buddhist Meditation (large dome)</li> <li>▪ UUCT mUUSIC- Acoustic Jam (small dome)</li> </ul>	7-8:30pm 7:30-9pm
Tuesday, October 17	<ul style="list-style-type: none"> <li>▪ Mindfulness Meditation (large dome)</li> </ul>	6-7pm
Wednesday, October 18	<ul style="list-style-type: none"> <li>• Wed. Worship: Comfort Me</li> <li>• RE Committee Meeting (MPB room 5)</li> </ul>	6:30-8:30pm 6:30-8:30pm
Thursday, October 19	<ul style="list-style-type: none"> <li>▪ Choir Rehearsal (large dome)</li> <li>▪ Board of Trustees Meeting (MPB room 3)</li> </ul>	6:15-7:45pm 6:30-8:30pm
Friday, October 20	<ul style="list-style-type: none"> <li>▪ Yoga Class (MPB)</li> </ul>	11am-noon
Saturday, October 21	<ul style="list-style-type: none"> <li>▪ Al-Anon (MPB room 2)</li> </ul>	10:15-11:45am
NEXT WEEK		
Sunday, October 22	<ul style="list-style-type: none"> <li>▪ Family Yoga (MPB room 4)</li> <li>▪ Choir Rehearsal (small dome)</li> <li>▪ Service</li> <li>▪ Congregational Meeting (large dome)</li> </ul>	9:30-10:30am 9:45-10:45am 11:00am 12:30-3:30pm
Monday, October 23	<ul style="list-style-type: none"> <li>• Tibetan Buddhist Meditation (cancelled this week)</li> <li>▪ UUCT mUUSIC- Acoustic Jam (small dome)</li> </ul>	7:30-9pm
Tuesday, October 24	<ul style="list-style-type: none"> <li>▪ Crafter (MPB room 3)</li> <li>▪ Mindfulness Meditation (large dome)</li> </ul>	12:30-2:30pm 6-7pm
Wednesday, October 25	<ul style="list-style-type: none"> <li>• Wed. Worship: Lift Every Voice</li> </ul>	6:30-8:30pm
Thursday, October 26	<ul style="list-style-type: none"> <li>▪ Choir Rehearsal (cancelled this week)</li> <li>▪ SGM Mangroves (MPB room 4)</li> </ul>	7-9pm
Friday, October 27	<ul style="list-style-type: none"> <li>▪ Yoga Class (MPB)</li> </ul>	11am-noon
Saturday, October 28	<ul style="list-style-type: none"> <li>▪ Finance Budget Meeting (MPB room 3 &amp; 4)</li> <li>▪ Al-Anon (MPB room 2)</li> </ul>	9:30-12:30pm 10:15-11:45am

Rev. Patricia Owen- Office hours: Monday; Appointment Only, Tuesday- Thursday; 11am-5pm. Friday is Rev. Patricia's day off. Only urgent calls please. Call her at 804-347-8159 or email at

[RevP@uutampa.org](mailto:RevP@uutampa.org) with questions, ideas, needs and to confirm her availability at church office. ☺

Erin Powers, Director of Religious Education for Children & Youth: Regular hours are Wednesday 3:30-8:30pm; Email [dre@uutampa.org](mailto:dre@uutampa.org); Dee Lynch, Music Director, Office Hours: Tuesday 1-4pm and Friday 1-6pm. email: [music@uutampa.org](mailto:music@uutampa.org). Linda Turnipseed, Office Assistant: Tuesday & Thursday 9am-2pm; 813988-8188

## Happening Today

Stewardship 2018-October is Stewardship month and the drive is underway. If you haven't pledged for 2018 yet . . . It's time. You can pledge online or on paper, doesn't matter. Contact Ed or Pat Benedict or Bill Blymiller (if you know them) or email [stewardship@uutampa.org](mailto:stewardship@uutampa.org).

Join us after the conclusion of the service today in the multi-purpose building for coffee. Please remember our coffee and snack fund is self sustaining, so before you partake, please stuff a dollar into the donation can. If you have been enjoying the variety and quality of snacks make sure you continue to fund it. Thank you and enjoy.

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**Next Sunday, October 22, 2017 at 11:00 am**

**“Handle With Care part II”**

**Rev. Patricia A. Owen**

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**Worship Wednesday;  
Every Wednesday at 6:30pm**



UUCT offers a contemplative service every Wednesday for anyone and everyone starting at **6:30pm-8:30pm in the sanctuary.**

**First Wednesday of the month: This Little Light of Mine:** No matter who you are, no matter what you do, you are a leader! As UUs we are also seekers, spiritual, ethical and value based beings. We will gather monthly to learn more about 'our little light' and how we can shine it into every corner of the world.

**Second Wednesday of the month: Building a New Way-** Interested in UU centered social justice/spiritual activism? This is your spot! We will begin with a short worship then discern, learn and plan on how we will deepen our understanding of justice AND how we will walk our talk. All are welcome!

**Third Wednesday of the month: Comfort Me;** UUCT is a CARING community! Can you help write birthday cards? Are you interested in giving rides or helping those in need? We need you to pitch in! We will begin with a short worship, a time for joys and sorrows and centering.

**Fourth Wednesday of the month: Lift Every Voice** - An old fashioned hymn sing! We will begin with a short worship and time for centering, then we will sing. Music Director, Dee Lynch will accompany us! This is a great way to learn new hymns and sing favorites. **Everyone is welcome!**

## Announcements



**PULPIT FLOWERS:** Donate a beautiful red poinsettia plant, to be placed at the pulpit, in honor or memory of someone, during the month of December. Or order one for your own use. Joyce Formica is taking orders for quality, potted, 6-inch foil-wrapped poinsettia for \$8.00 per plant. The plants are being purchased from the Temple Terrace Garden Club. UUCT receives a small income from the sale and we have the pleasure of seeing the pulpit decorated with fresh flowers Dec 10<sup>th</sup> thru the 24<sup>th</sup>. Order forms are available in the church office. All orders must be prepaid by cash or check made payable to Joyce Formica. Deadline for placing your order is Sunday, **November 5<sup>th</sup>**. For more information contact Joyce Formica, [keypouse2@aol.com](mailto:keypouse2@aol.com) or 988-1907.

**Padmasambhava Buddhist Center of Tampa Bay** now holds Buddhist practice in the large dome; **Mondays at 7pm** For more information on PBC International please visit [www.padmasambhava.org](http://www.padmasambhava.org)

**The UUCT MUUSIC Group meets every Monday evening at 7:30 in the Small Dome.** This is an informal gathering of musicians, vocalists, and just plain music lovers who want to make or listen to MUUSIC. Sing, play an instrument, drums, or bang on an upside-down waste basket. Get creative. Everyone is welcome, regardless of ability or experience. [music@uutampa.org](mailto:music@uutampa.org)

**The UU Mindfulness Meditation Group: Tuesday at 6:00pm.** These are two twenty minute meditations with a five minute walking meditation between them. A short Loving-Kindness recitation is practiced. All are welcome. Contact: Grant Wilson and Diana Stevens; [meditation@uutampa.org](mailto:meditation@uutampa.org)

## Announcements

**The UUCT choir rehearsals** for the 2017-2018 season will be on **Thursdays; 6:15-7:45.** New members are welcome! For more information contact director Dee Lynch at [choir@uutampa.org](mailto:choir@uutampa.org). Mark your calendars!



**Light Yoga Class, Friday at 11 am.** Yoga Class meets in the Multi-Purpose Building. Bring a mat or towel and wear loose or stretchy clothing. We do light yogic stretching with no difficult poses. Cost: \$6. (a church fundraiser) Facilitator: Grant Wilson; [yoga@uutampa.org](mailto:yoga@uutampa.org) All are welcome.

**Al-Anon** meets in the multi-purpose building on **Saturdays at 10:15 am each week.** For additional information about Al-Anon in Hillsborough County, call 813-881-9372 or visit us on the web at [www.tampabayalanon.org](http://www.tampabayalanon.org)



**TEEN & ADULT GAME NIGHT, second Friday of the Month; we meet in the main room in Multi-Purpose Bldg., 7-9:00pm-** If you haven't been to Game Night recently, come on out - it's a lot of fun. Make new friends or hang out with old ones. Excellent refreshments provided, if any questions, [gamenight@uutampa.org](mailto:gamenight@uutampa.org)

**Circles in the Woods CUUPS (Covenant of Unitarian Universalist Pagans)** holds Full Moon Celebrations on the **Saturday** closest to the full moon and occasional other activities; All activities are open to the public and held at UUCT. There is no cost but love donations are gratefully accepted. Bring a dish to share afterward. email [cuups@uutampa.org](mailto:cuups@uutampa.org) or check out our online calendar <http://uutampa.org/cuups-calendar/>

**Join the UU Yahoo Group: [UUtampa-subscribe@yahoogroups.com](mailto:UUtampa-subscribe@yahoogroups.com)** This is a church wide list about church events and sponsored events. It is open to church members and friends as subscribers.

**UUCT KNITTERS and CRAFTERS GROUP** All knitting, crocheting, beading, quilting, and other crafters are cordially invited to join the UUCT Stitchers/Crafters group. We will meet on the **second and fourth Tuesdays of each month in the Multi Purpose Building from 12:30 PM to 2:30 PM.** If you have questions please contact Mary Lou Jones at 813-388-6294 (home) [mloujones.mlj@gmail.com](mailto:mloujones.mlj@gmail.com)

**Follow the UUCT Facebook Group:** Can't come to church? Can't remember something you read in the announcements? Each week's Order of Service and the weekly announcements will now be available on our Facebook page and on the website. On the website, it will appear next to the announcement of that week's service in "A Month of Sundays." The church's Facebook page is public and open to anyone to view. You can view the church's Facebook page: [www.facebook.com/uutampa](http://www.facebook.com/uutampa)



**SAVE THE DATE!  
MARK YOUR CALENDAR!**

**Next Sunday October 22, we will be holding a  
Congregational Meeting following the service.**

The Long Range Planning Committee will present the findings from the series of 2017. Cottage Meetings and the results of the Survey Monkey conducted in mid-May. Based on these results, an updated Mission and Vision Statement will be offered that day for your consideration and adoption. This Statement will form the basis of the new 5-Year Strategic Plan. **The Survey Monkey results are up on the UUCT Website <https://uutampa.org/> on the welcome page and on our Facebook page** for review prior to the meeting.

**Please plan to attend. A light lunch will be served immediately after service and child care will be provided. We want every voice to be heard as we plan for our UUCT future.**

**Submitted by the Long Range Planning Committee**



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# Intro to UU

Registration 2017

**Interested in becoming a member of this church?** Participation in the class listed below is a vital element in becoming a member of our congregation. A basic overview of the history and the evolution of the Unitarian Universalist ways in spirituality and religion will be offered in a causal dialogue format.

**Registration is required.** Drop this registration form off at the UUCT office

**Please register me for the following Intro to UU Class:**

○ **November 14 & 28;**

**6:30-8:30pm**

(both classes required) (Tuesday)

Name:

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Email Address:

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Phone Number:

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## Shoulders

A man crosses the street in rain,  
stepping gently, looking two times north and  
south,  
because his son is asleep on his shoulder.

No car must splash him.  
No car drive too near to his shadow.

This man carries the world's most sensitive cargo  
but he's not marked.  
Nowhere does his jacket say FRAGILE,  
HANDLE WITH CARE.

His ear fills up with breathing.  
He hears the hum of a boy's dream  
deep inside him.

We're not going to be able  
to live in this world  
if we're not willing to do what he's doing  
with one another.

The road will only be wide.  
The rain will never stop falling.

*Naomi Shihab Nye, 1952*

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Next Sunday, October 22, we will gather to explore the pain and grief we are carrying. You will be part of the service. Please think about where you are experiencing pain and grief in the following:

Professional Life:

Family/ Relationships:

Church:

The World around you:

Political environment:

**This is private information.**  
You will be invited to share as you are comfortable next Sunday.

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